PMCare

Telekom Malaysia Flu Vaccination Campaign User Guide

User Guide English

Panduan Pengguna Malay

How to Book Your Flu Vaccination

Follow the steps to register, verify your eligibility, book your appointment with a participating clinic, and complete your flu vaccination.

Step 1

View Clinics

Browse the list of clinics participating in the flu vaccination campaign.

Select “View Details” to check each clinic’s address, operating hours, available services and directions before choosing your preferred clinic.

Step 2

Register Online

Complete the registration form to check your eligibility.

During registration, select your preferred clinic and, if applicable, add up to 4 dependants for vaccination.

Complete all required information and submit your registration for verification.

Step 3

Email Confirmation

Once your eligibility has been verified, you will receive a confirmation email to proceed with booking an appointment at your selected clinic.

Please do not contact the clinic to book your appointment until you have received the confirmation email from PMCare.

⚠️ Note: If you don’t receive the verification email, check your spam/junk folder or contact PMCare.

Step 4

Book Appointment

After receiving your confirmation email, contact your selected clinic directly to arrange your vaccination appointment date and time.

Important:
Your vaccination slot is only secured after you have successfully booked an appointment with the clinic.

Step 5

Get Vaccinated

On your appointment day, present your PMCare confirmation email or printed confirmation email at the clinic.

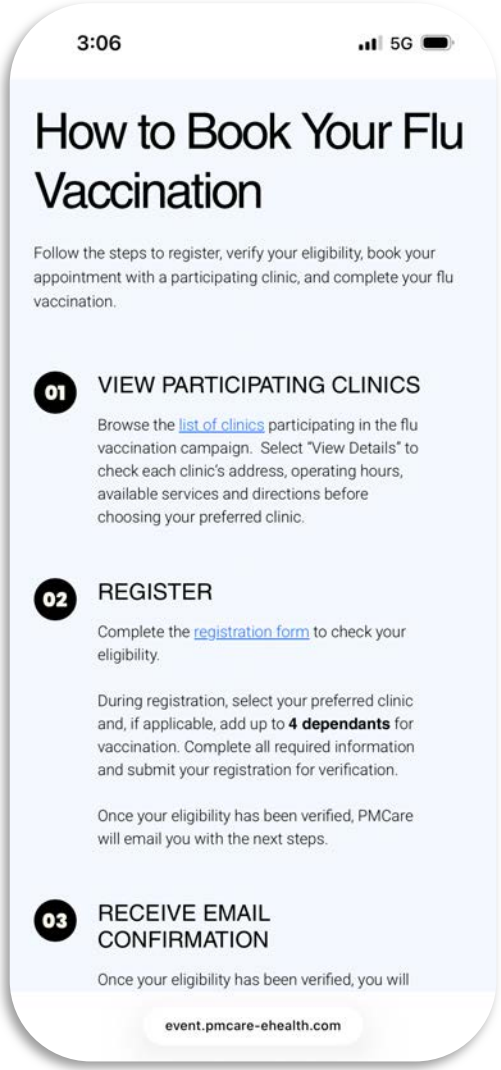
Walk-ins are strictly not allowed.

Important:
Please bring your confirmation email, as the clinic may not be able to proceed with your vaccination without it.

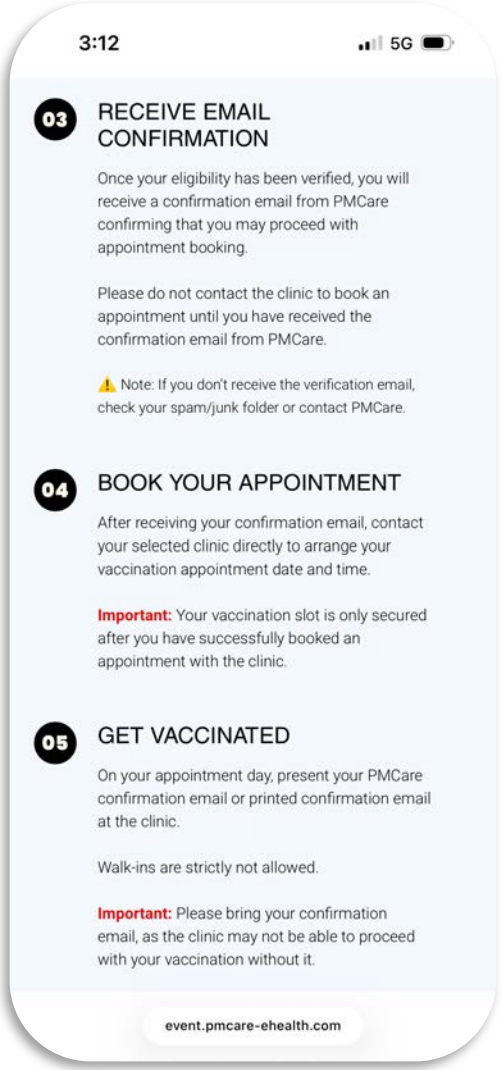
Influenza Information, Registration Guide and FAQ



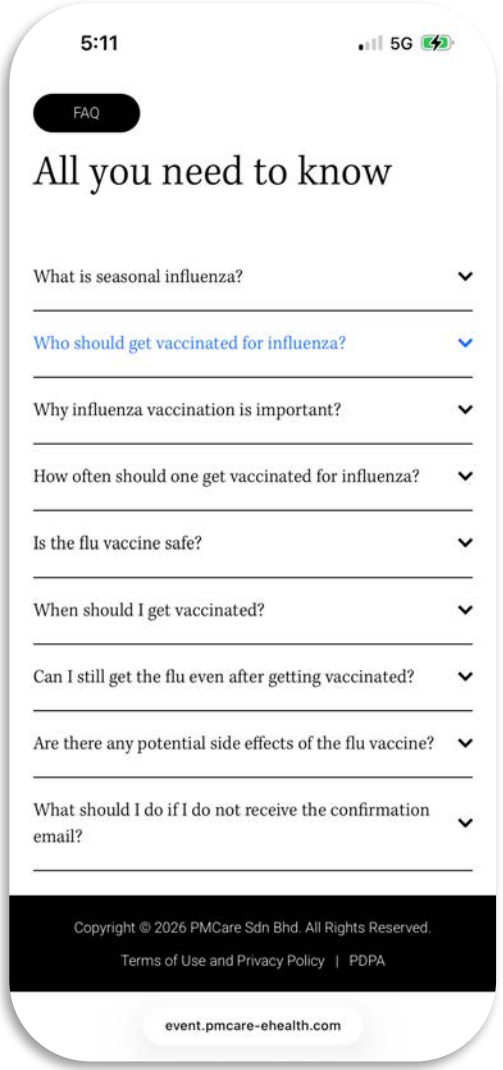
Learn About Influenza
Read about influenza and the flu vaccination programme.



View the Registration Steps
Refer to the step-by-step guide before registering.

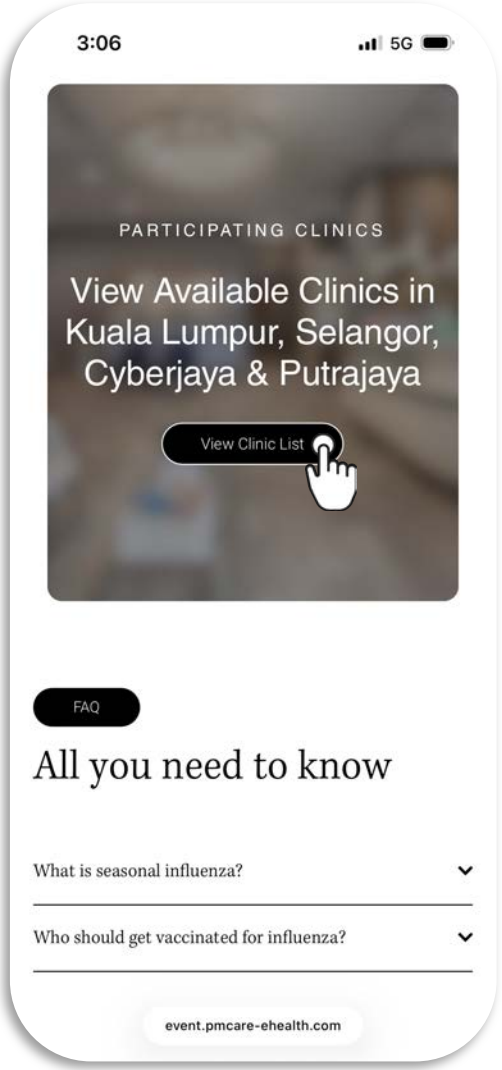


Understand What Happens Next
Learn about eligibility verification, appointment booking and vaccination.

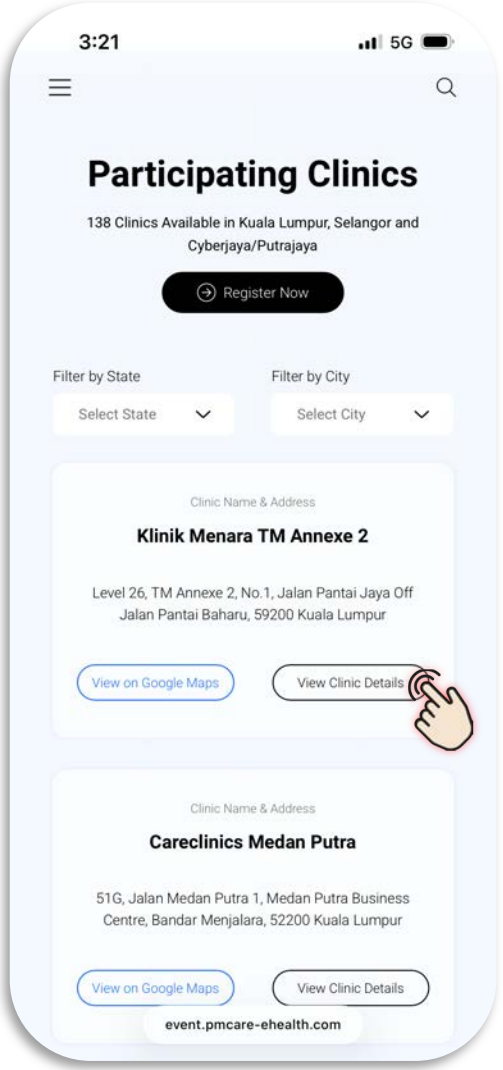


Refer to the FAQ section for common questions about flu vaccination.

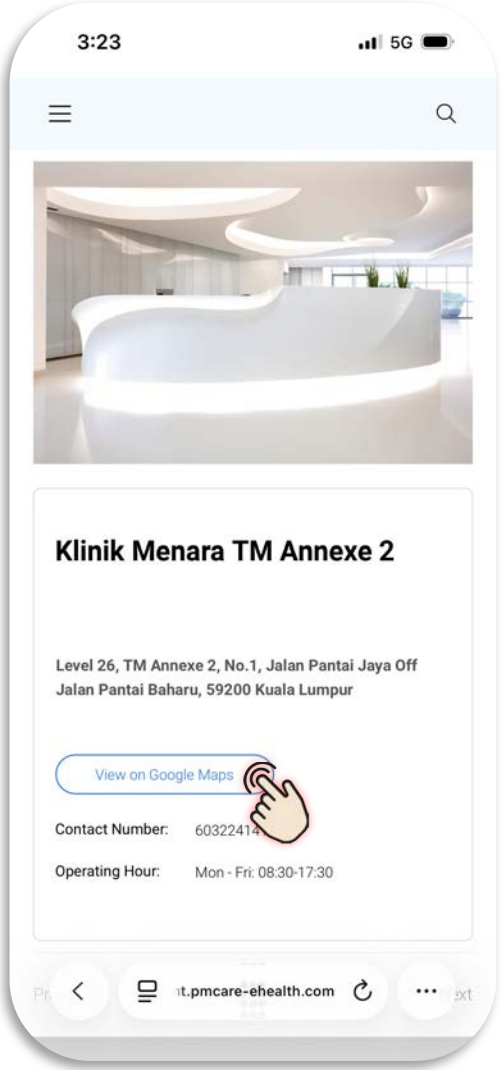
View the Participating Clinics



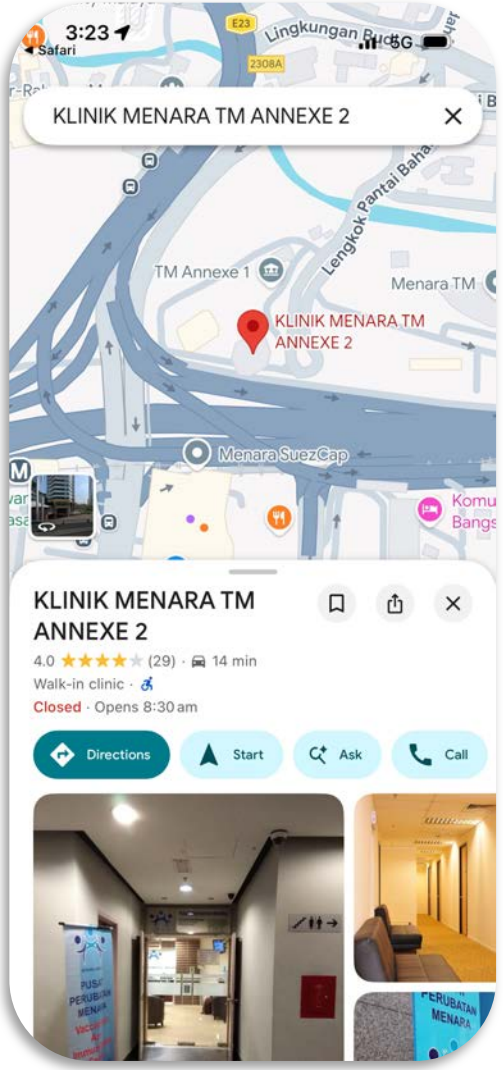
Go to “Participating Clinics” and click “View Clinic List” to see all available clinics.



Click “View Clinic Details” to check the clinic’s address, operating hours and contact number.

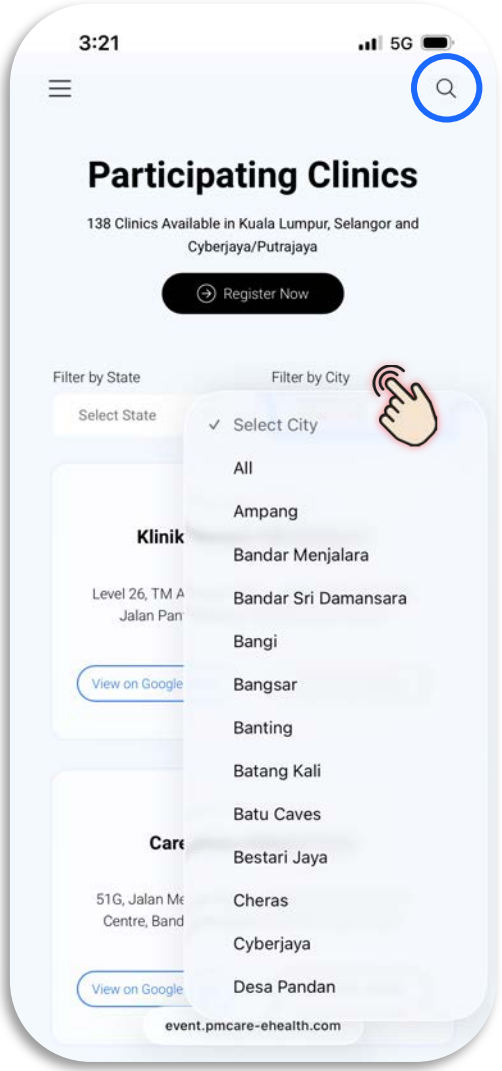


Click “View on Google Maps” to check the clinic location and directions.

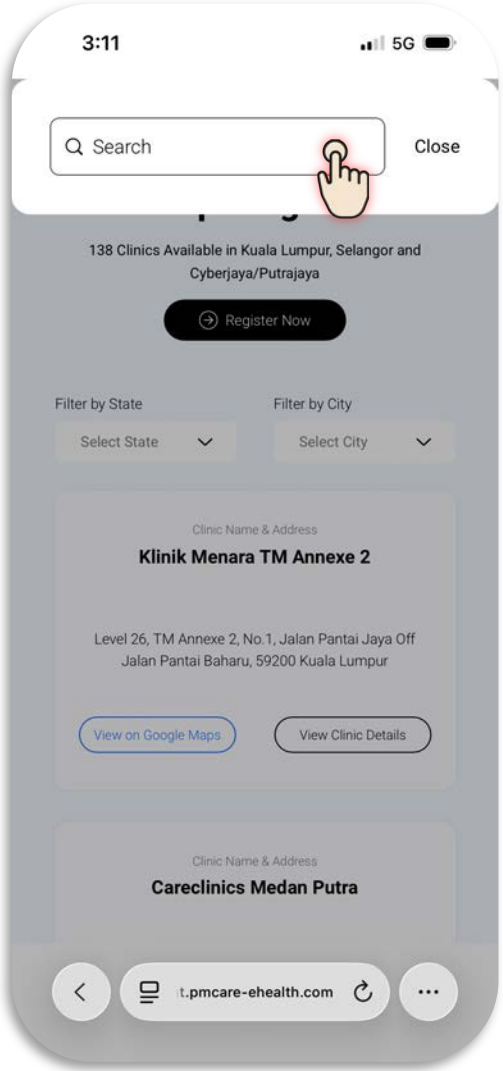


Use Google Maps to view the location, get directions or contact the clinic.

Filter or Search Clinics



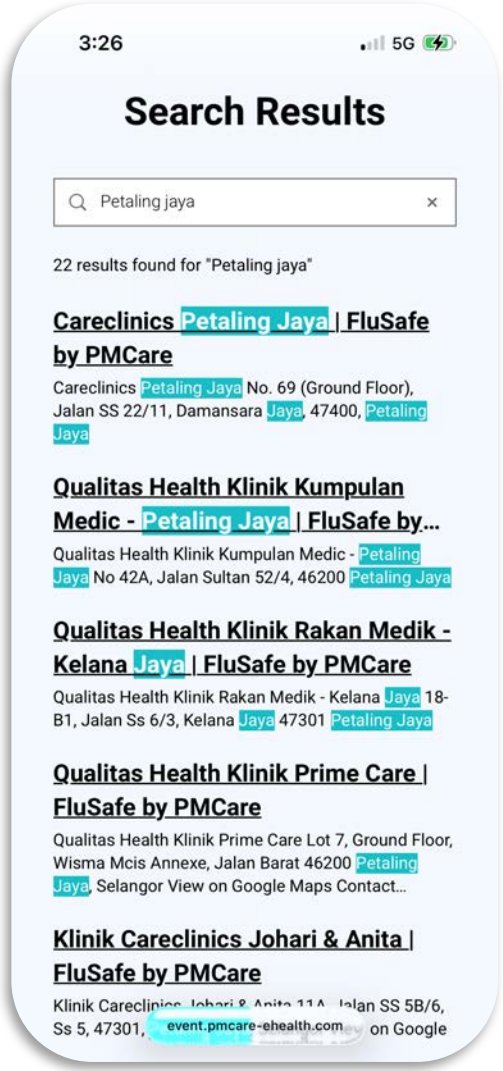
Use the search bar or filter by state/city to narrow down the clinic list.



Enter a city or clinic name in the search bar.



Click “Show All Results” to view all matching clinics.

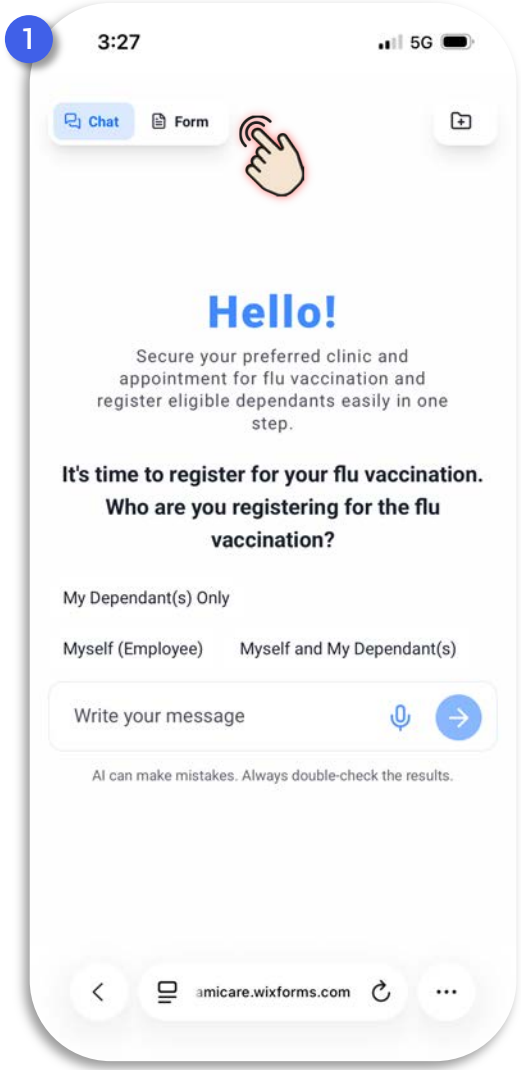


Select your preferred clinic from the search results.

Registration Guide



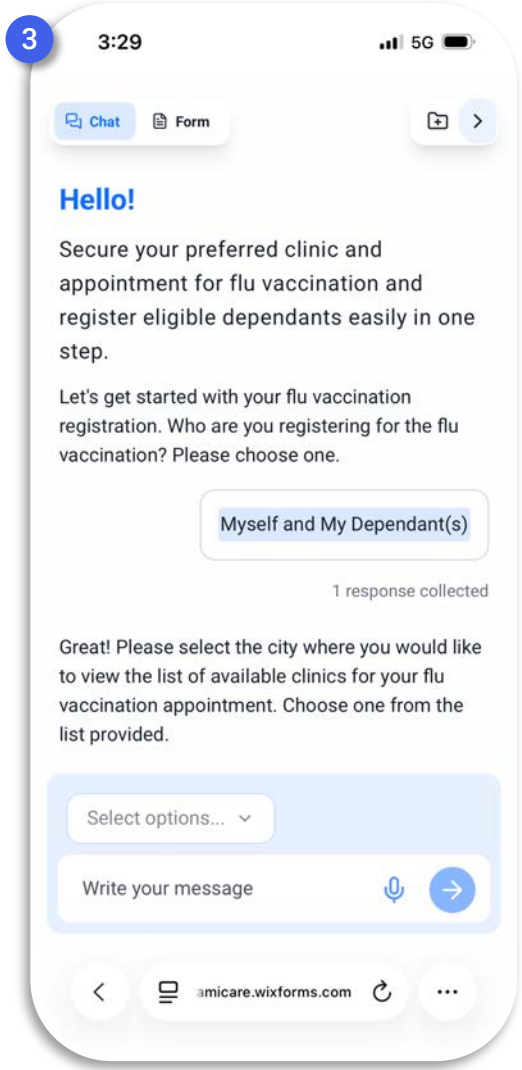
Tap on "**Register Now**" to begin.



Register using **Chat** or **Form**.
💡 *Recommended:*
Use Chat for easier clinic selection.

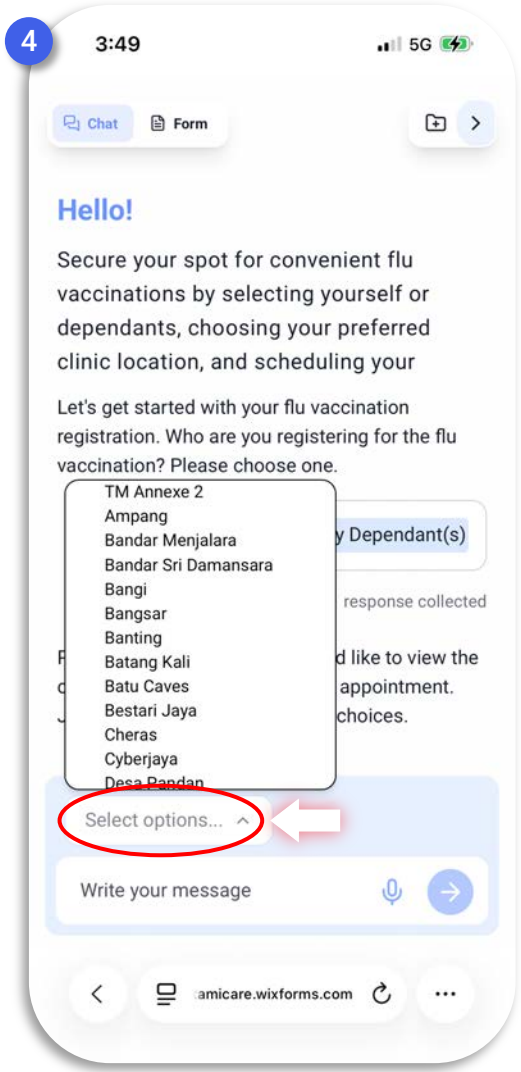


Prefer using the form?
Tap "**Form**" at the top of the page.
⚠️ *Note:*
Clinic filtering is only available in Chat.

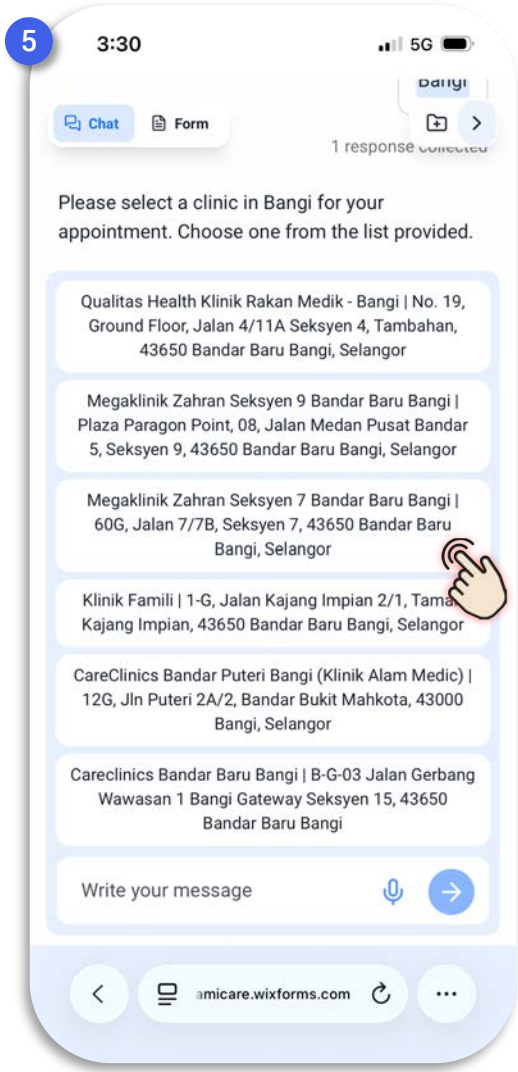


Choose who you are registering for.

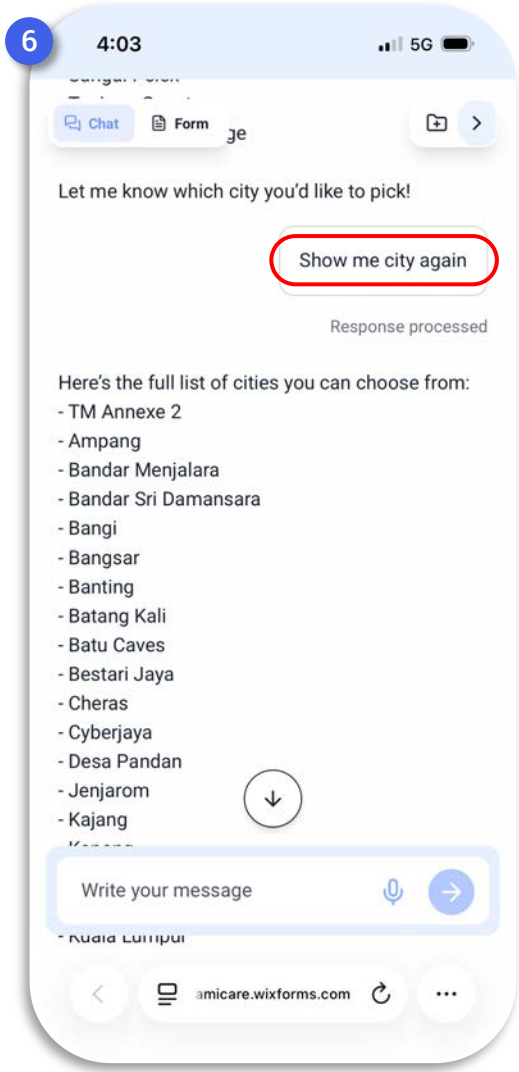
Registration Guide



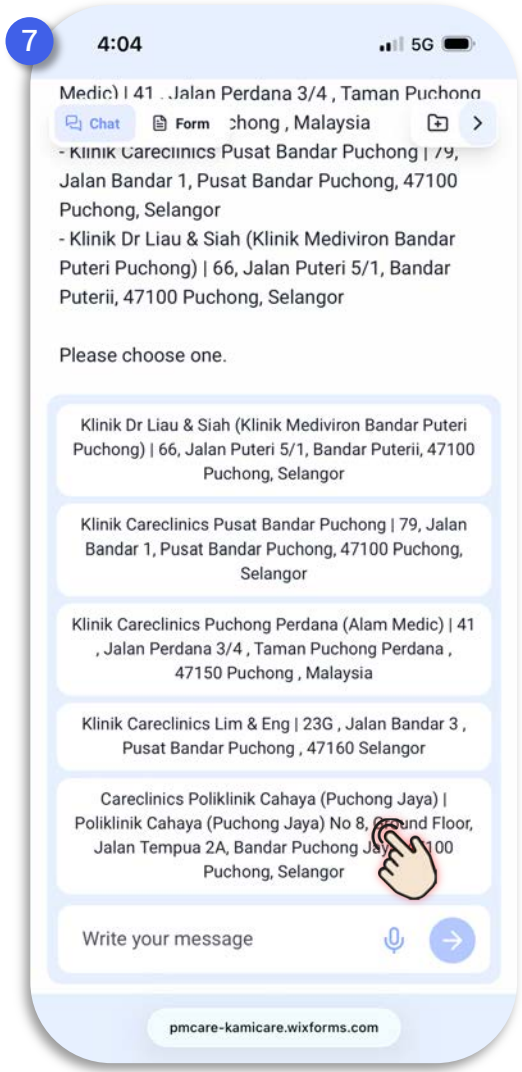
Select your **preferred city** (near you) from the list to view the available clinics.



View the **available clinics** in your selected city.

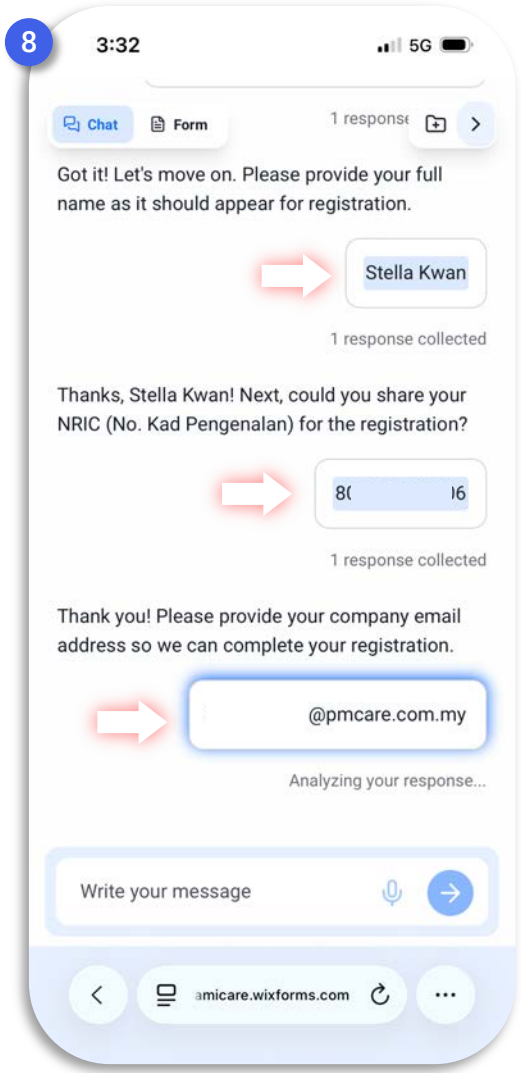


Need to change the city?
Type "Show me the city list again" or "View list of cities."

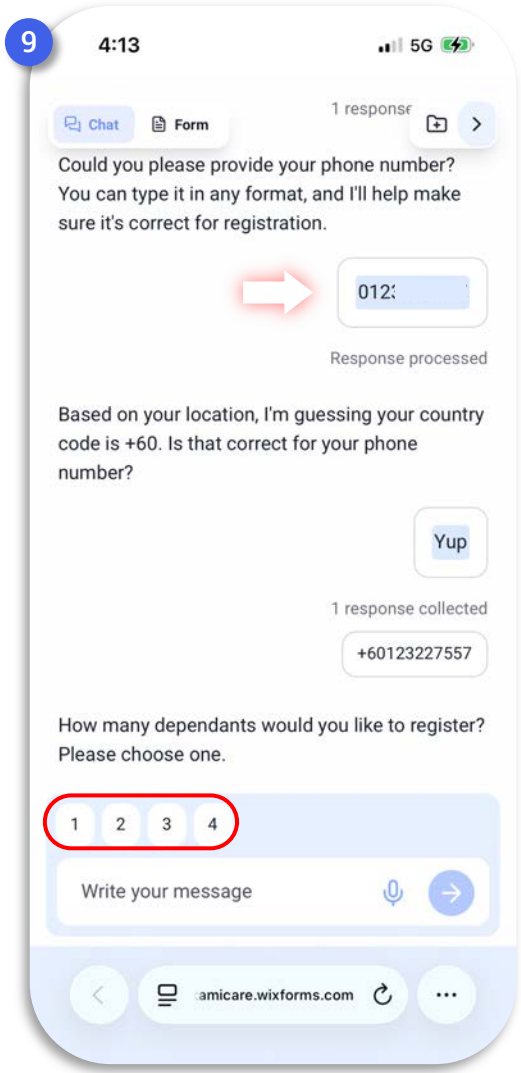


Browse the clinic list and **select your preferred clinic.**

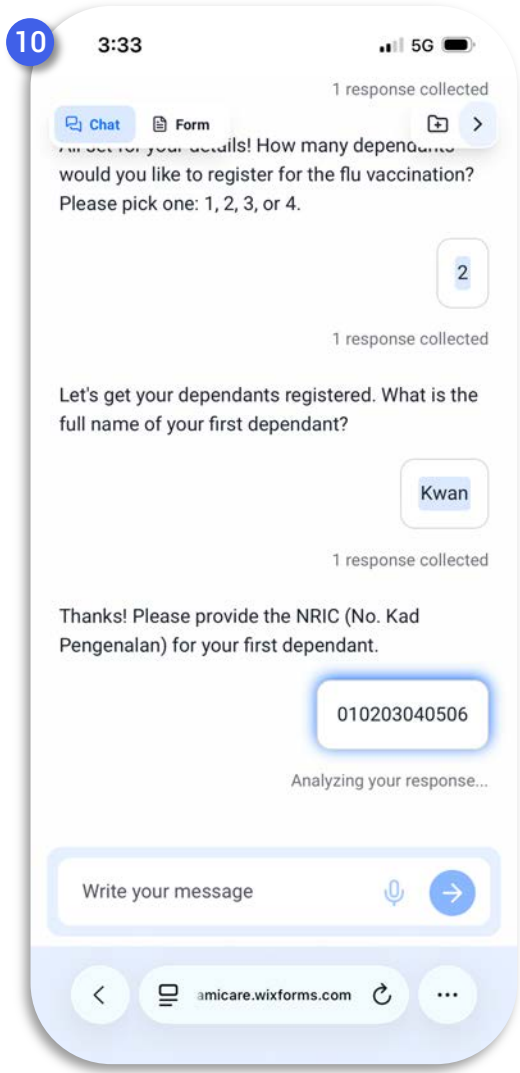
Registration Guide



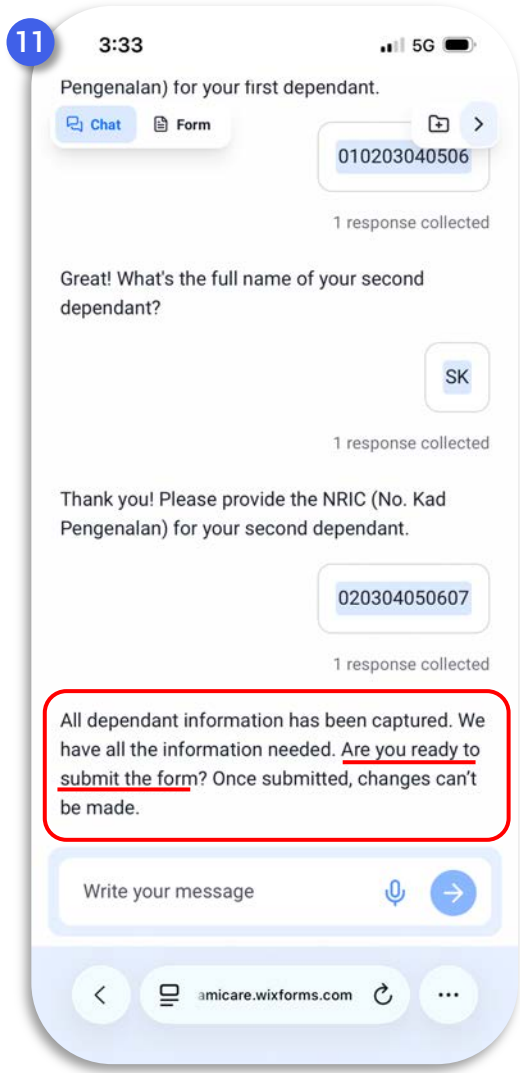
Enter your **full name, NRIC, company email and phone number.**



If **registering dependants**, select the number of dependants to register.



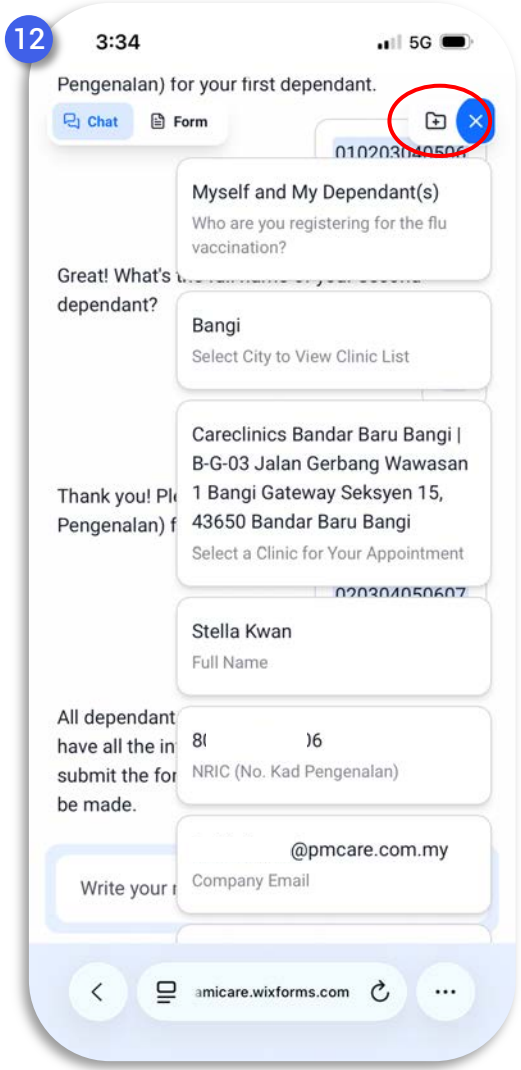
Enter the **name and NRIC** of each **dependant**.



Once all details are captured, reply "Yes" / "OK" / "Submit" to **submit your registration.**

Registration Guide

12



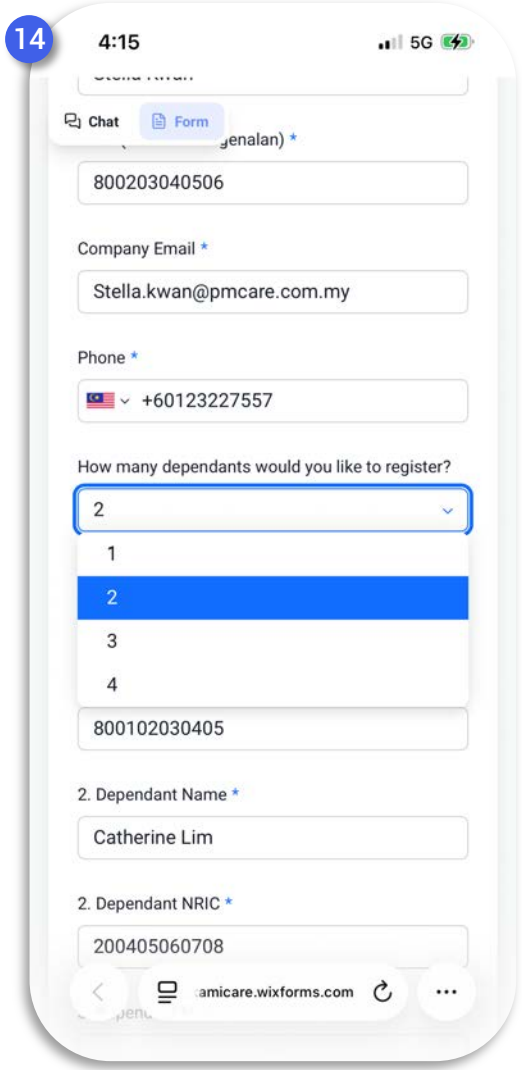
Tap **Preview** to review your details before submission. Need to make changes? Update them via Chat or Form.

13



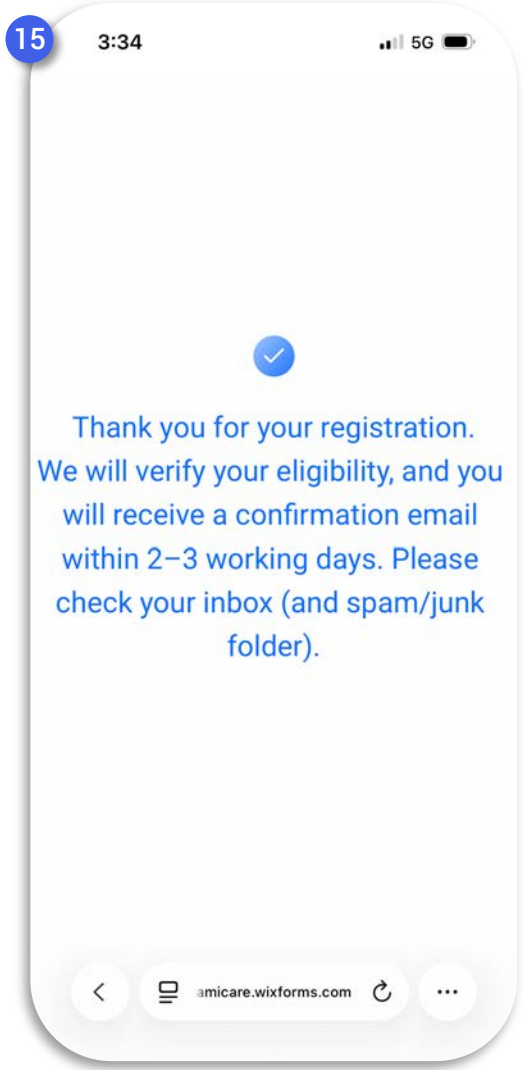
Alternatively, tap "**Form**" to **review or edit** your information.

14



Complete or update the required details, then tap **Submit.**

15



Registration submitted successfully.

Sample Acknowledgment Email and Confirmation Email

Acknowledgement Email

PMCare Healthcare Solutions
To: Stella K
3:24 AM

Registration Received – Telekom Malaysia In-Clinic Flu Vaccination

Dear Stella Kwan,

Thank you for registering for the Telekom Malaysia In-Clinic Flu Vaccination.
We have successfully received your registration and will proceed with the eligibility verification. Please review your registration details below and ensure that all information provided is correct.

Registration Details:

- **Full Name:** Stella Kwan
- **NRIC/ Passport No.:** 0)6
- **Phone No. (WhatsApp):** +60123227557
- **Selected Clinic:** Qualitas Health Klinik Catterall, Khoo & Raja Malek - Plaza Central | Suite 3B-3-6, Level 3, Block 3B, Plaza Sentral 50470 Kuala Lumpur
- **Register For:** Myself (Employee)
- **Dependants (if any):**

If any of the above information is incorrect, please reply to this email so we can update your registration details accordingly.

Important: This email is an **acknowledgement of your** re not confirm your va
We and a separate con on email will be sent within 3 working days if your

Confirmation Email

[TM] Your Flu Vaccination Registration is Confirmed – Next Steps Inside ☎ Contact Clinic



Dear Stella Kwan,

Thank you for registering for the TM Influenza Vaccination Programme.
We are pleased to confirm that your registration has been successfully verified and that the eligible recipient(s) listed below may proceed with vaccination at the selected clinic.
This email serves as your **official confirmation letter/ voucher**. Please present this confirmation email to the clinic for your vaccination appointment.

Please note: This email confirms your eligibility for vaccination only. It is NOT a confirmed clinic appointment.

1. Selected Clinic & Vaccination Period

Vaccination Date: **24 Sep - 31 Oct 2026** (Please contact clinic to book your appointment)
Selected Clinic:
Klinik Menara TM Annexe 2
Level 26, TM Annexe 2, No.1, Jalan Pantai Jaya Off Jalan Pantai Baharu, 59200 Kuala Lumpur
6 l6qvkVpRwheaDv
Appointment Booking Is Required

Confirmation Email

[TM] Your Flu Vaccination Registration is Confirmed – Next Steps Inside ☎ Contact Clinic Inbox ×

PMCare Healthcare Solutions
to me
1:11 AM (4 minutes ago)



Dear Stella Kwan,

Thank you for registering for the TM Influenza Vaccination Programme.
We are pleased to confirm that your registration has been successfully verified and that the eligible recipient(s) listed below may proceed with vaccination at the selected clinic.
This email serves as your **official confirmation letter/voucher**. Please present this confirmation email to the clinic for your vaccination appointment.

Please note: This email confirms your eligibility for vaccination only. It is NOT a confirmed clinic appointment.

1. Selected Clinic & Vaccination Period

Vaccination Date: **24 Sep - 31 Oct 2026** (Please contact clinic to book your appointment)
Selected Clinic:
Klinik Menara TM Annexe 2
Level 26, TM Annexe 2, No.1, Jalan Pantai Jaya Off Jalan Pantai Baharu, 59200 Kuala Lumpur
60322414101
https://maps.app.goo.gl/H6qvkVpRwheaDvXM6

Panduan Ringkas Vaksinasi Flu Anda

Klik pada setiap langkah di bawah untuk melihat panduan terperinci

Langkah 1

Lihat klinik penyertaan

Semak senarai klinik yang menyertai kempen vaksinasi influenza.

Klik “View Clinic Details” untuk melihat alamat, waktu operasi, perkhidmatan dan arah ke klinik sebelum memilih.

Langkah 2

Pendaftaran

Lengkapkan borang pendaftaran untuk semakan kelayakan anda.

Semasa pendaftaran, pilih klinik pilihan anda. Anda boleh mendaftar sehingga 4 orang tanggungan untuk vaksinasi.

Lengkapkan semua maklumat yang diperlukan dan hantar pendaftaran anda untuk proses pengesahan.

Langkah 3

E-mel Pengesahan

Setelah kelayakan anda disahkan, anda akan menerima e-mel pengesahan untuk meneruskan tempahan janji temu di klinik pilihan anda.

Sila jangan hubungi klinik untuk membuat tempahan janji temu sebelum anda menerima e-mel pengesahan.

⚠️ Nota: Jika anda tidak menerima e-mel pengesahan, sila semak folder Spam/Junk atau hubungi PMCare.

Langkah 4

Tempah Janji Temu Klinik

Selepas menerima e-mel pengesahan, hubungi terus klinik pilihan anda untuk menetapkan tarikh dan masa janji temu vaksinasi.

Penting:
Slot vaksinasi anda hanya akan disahkan selepas anda berjaya membuat janji temu dengan pihak klinik.

Langkah 5

Dapatkan Vaksin

Pada hari janji temu, tunjukkan e-mel pengesahan daripada PMCare atau salinan bercetak e-mel tersebut di klinik.

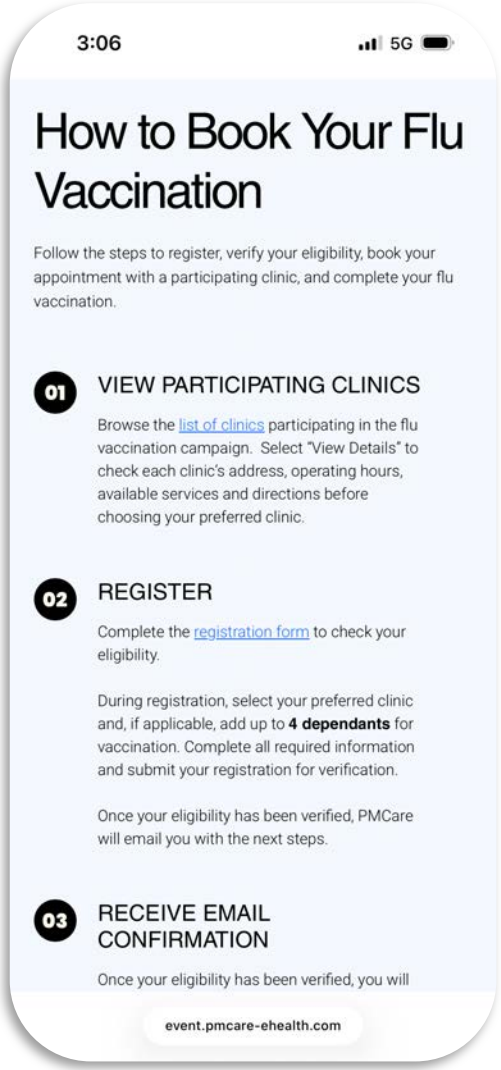
Walk-in tidak dibenarkan.

Penting:
Sila bawa e-mel pengesahan anda. Tanpa e-mel tersebut, pihak klinik mungkin tidak dapat meneruskan vaksinasi anda.

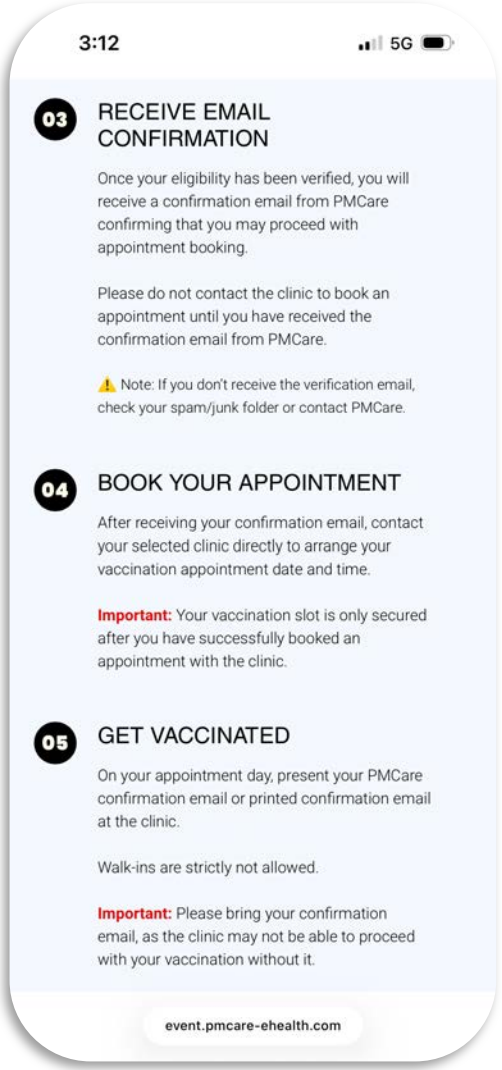
Maklumat Influenza, Panduan Pendaftaran dan Soalan Lazim



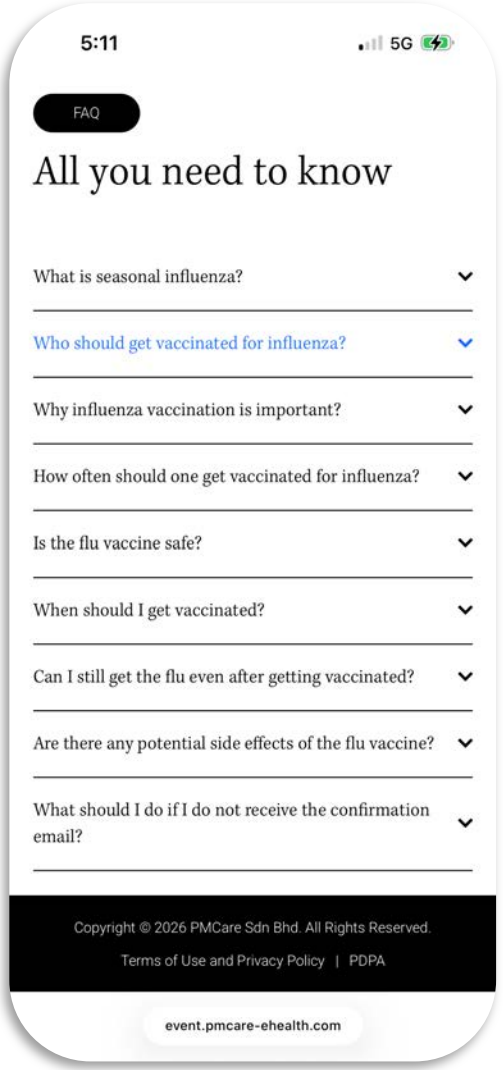
Kenali Influenza
Ketahui lebih lanjut tentang influenza dan program vaksinasi influenza.



Lihat Langkah Pendaftaran
Rujuk panduan langkah demi langkah sebelum membuat pendaftaran.

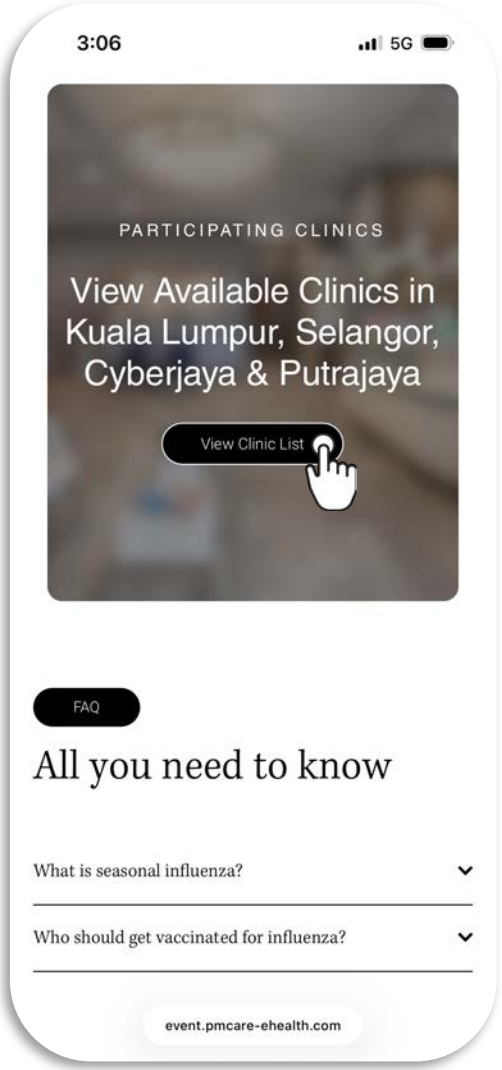


Ketahui tentang semakan kelayakan, tempahan janji temu dan proses vaksinasi.

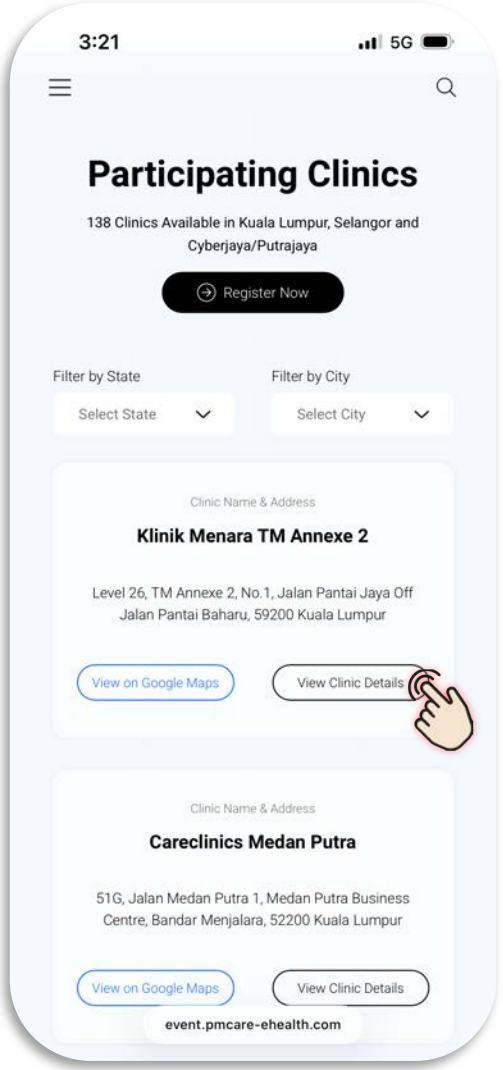


Rujuk bahagian FAQ untuk soalan lazim mengenai vaksinasi influenza.

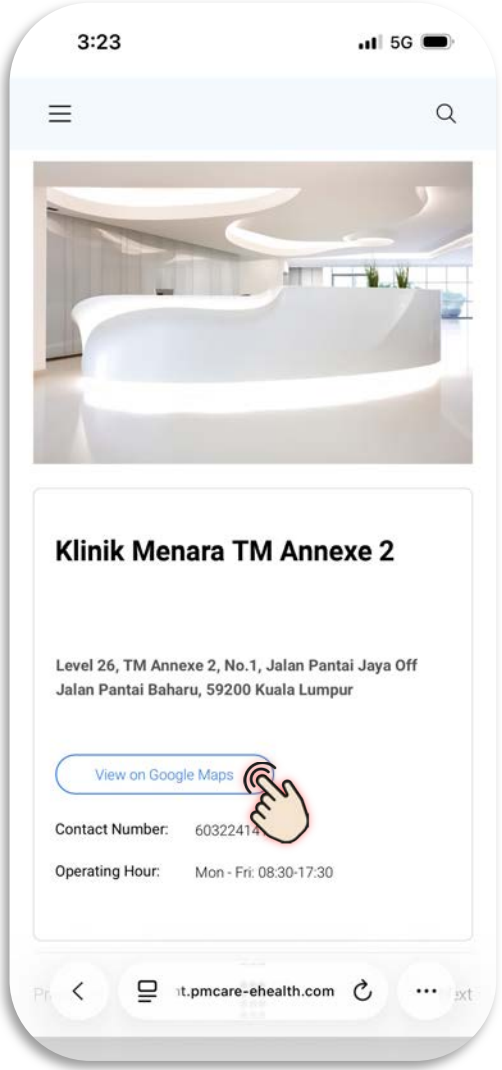
Lihat Klinik Yang Mengambil Bahagian



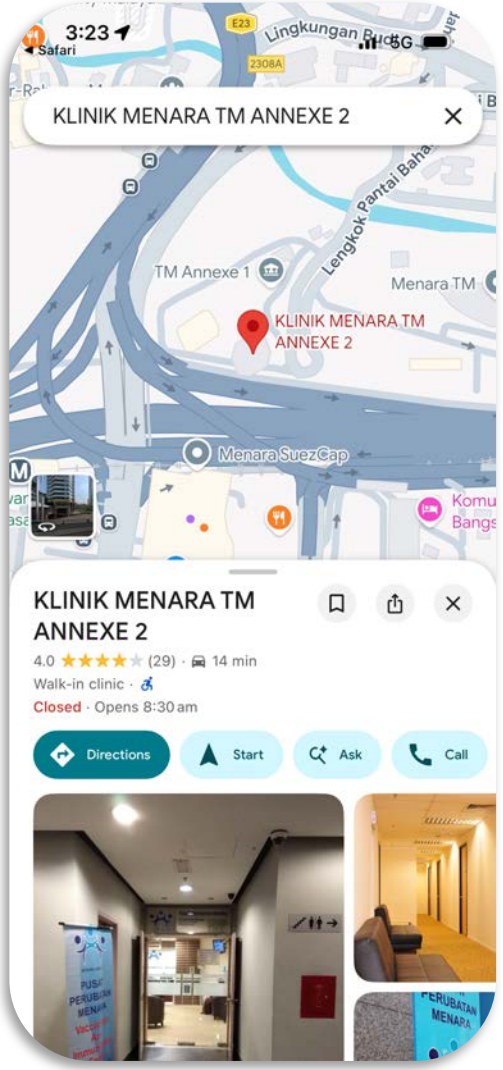
Pergi ke bahagian “Participating Clinics” dan pilih “View Clinic List” untuk melihat semua klinik yang tersedia.



Pilih “View Clinic Details” untuk melihat alamat, waktu operasi dan nombor telefon klinik.

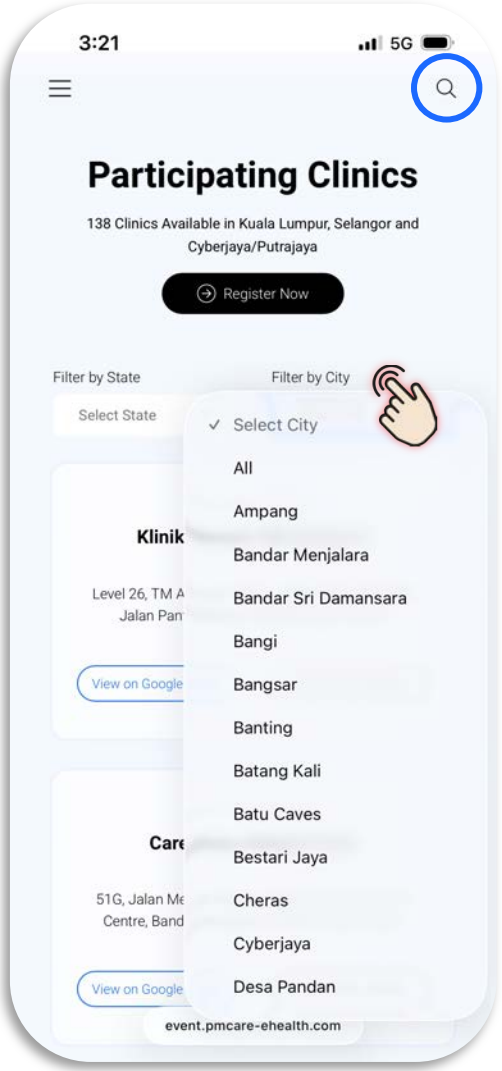


Pilih “View on Google Maps” untuk melihat lokasi dan arah ke klinik.

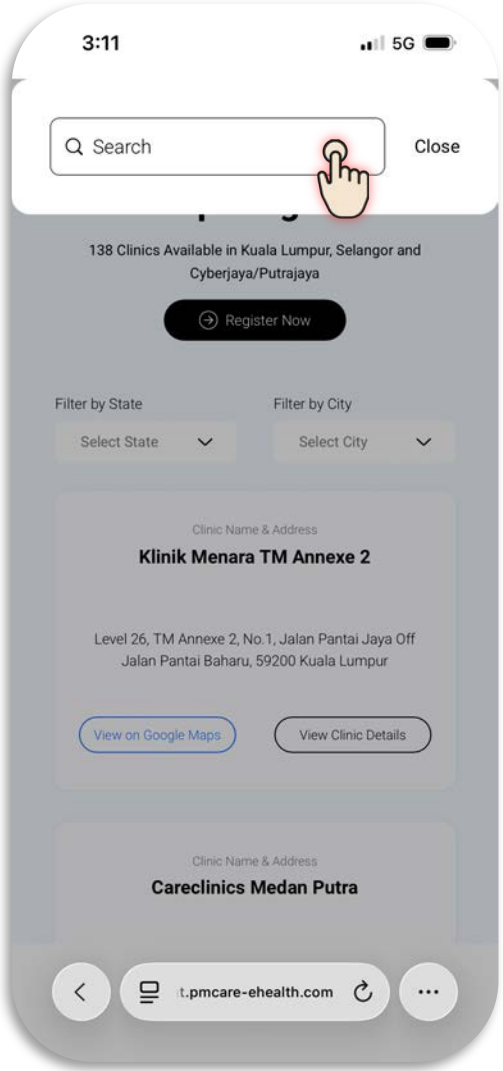


Gunakan Google Maps untuk melihat lokasi, mendapatkan arah perjalanan atau menghubungi klinik

Tapis atau Cari Klinik



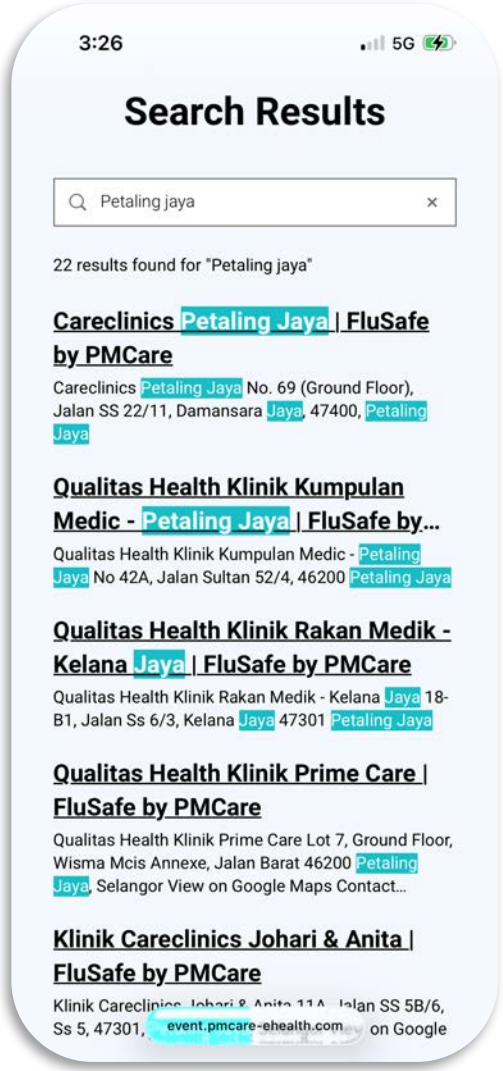
Gunakan fungsi carian atau tapis mengikut negeri/bandar untuk mengecilkan senarai klinik.



Masukkan nama bandar atau klinik dalam ruangan carian.



Pilih “Show All Results” untuk melihat semua klinik yang sepadan dengan carian anda.

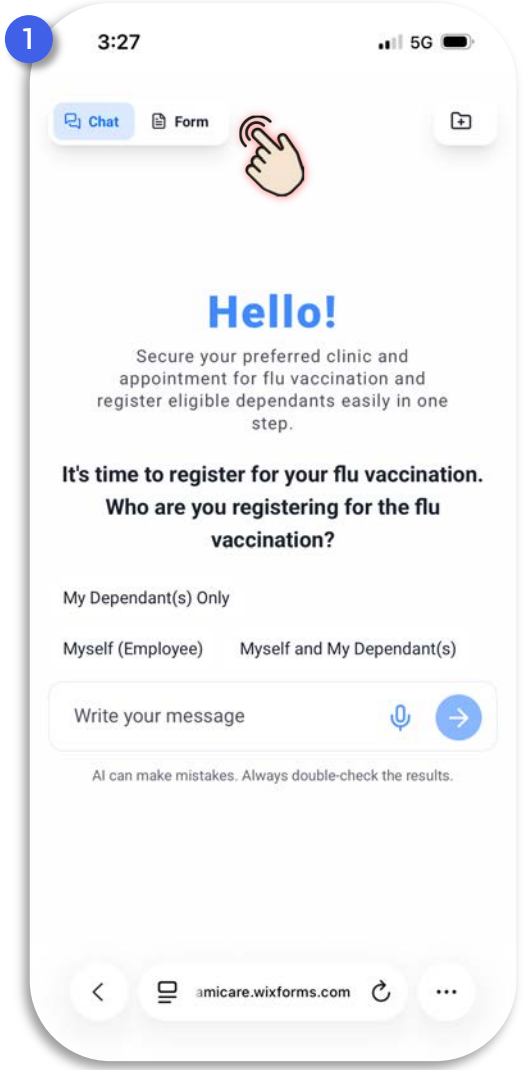


Pilih klinik pilihan anda daripada hasil carian

Panduan Pendaftaran



Tekan “Register Now” untuk bermula.



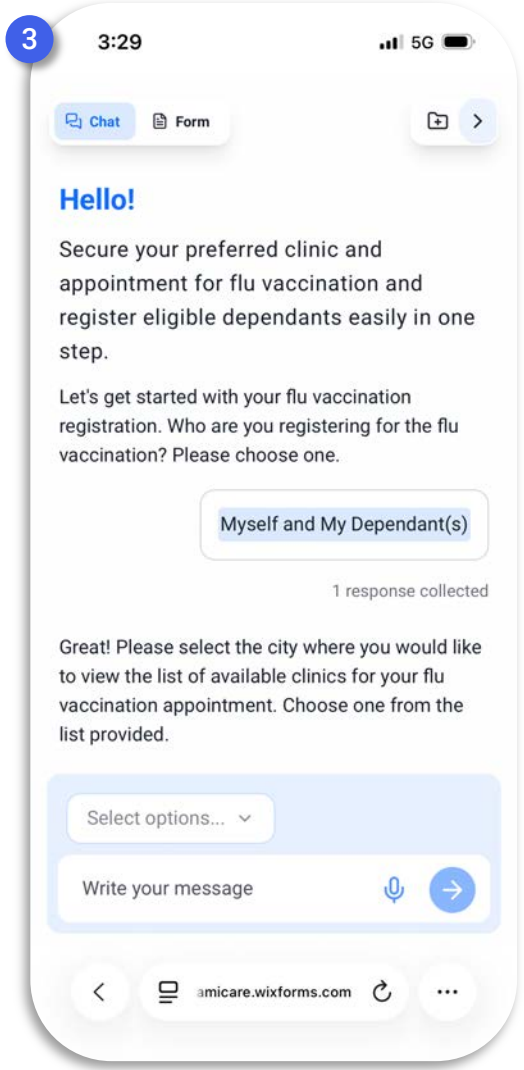
Daftar menggunakan **Chat** atau **Form**.

💡 *Disyorkan: Gunakan Chat untuk memilih klinik dengan lebih mudah.*



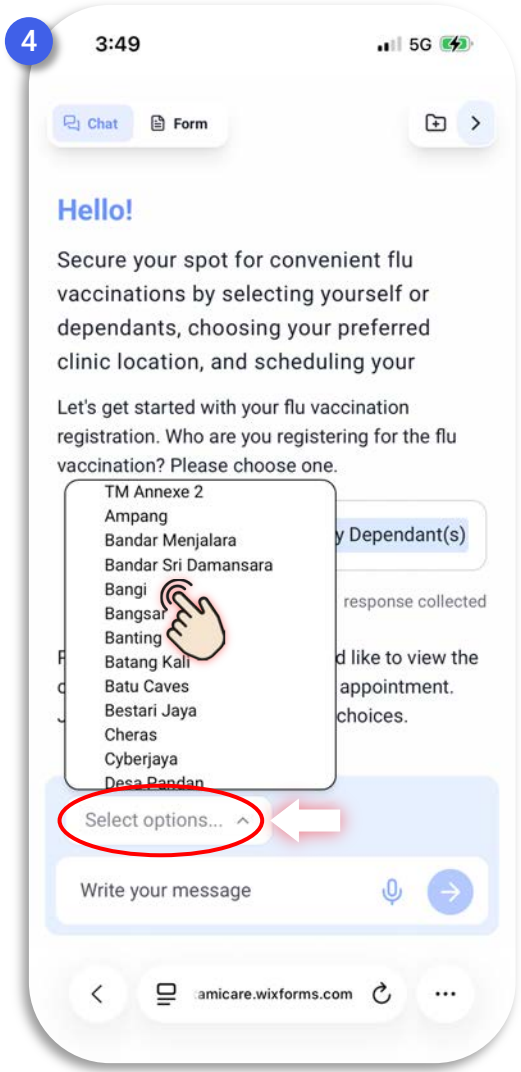
Jika anda ingin menggunakan borang, tekan “**Form**” di bahagian atas halaman.

⚠️ *Nota: Fungsi tapisan klinik hanya tersedia melalui Chat.*

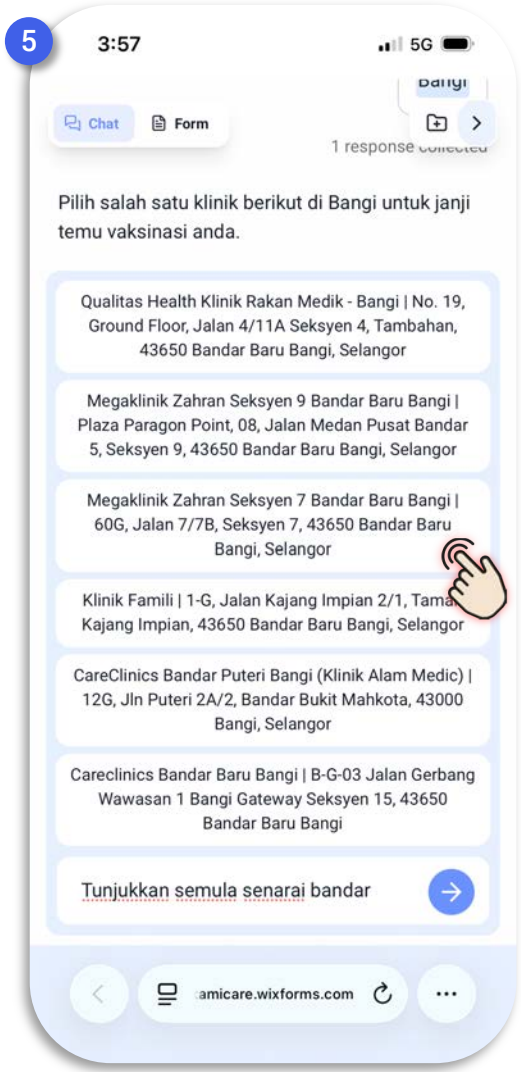


Pilih siapa yang ingin anda daftarkan untuk vaksinasi.

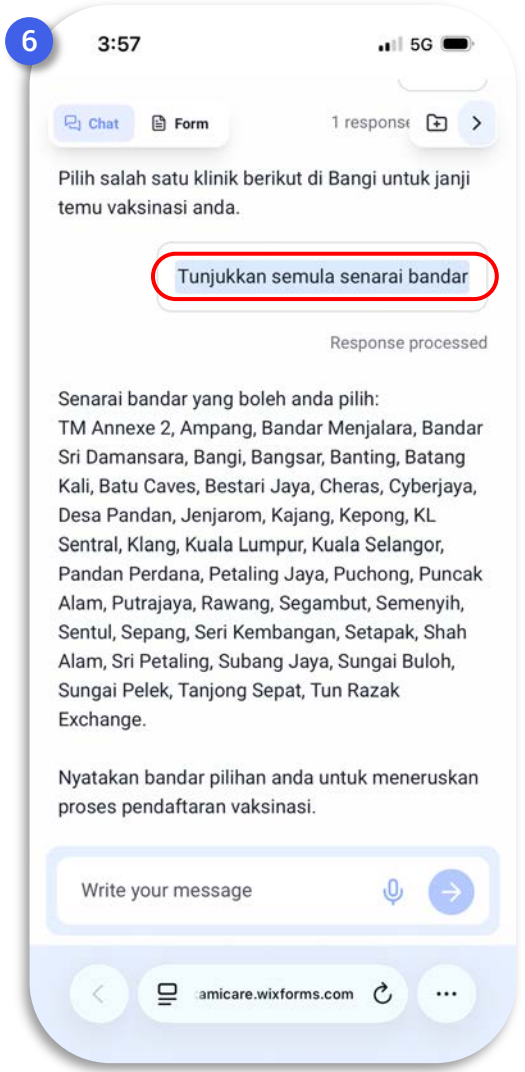
Panduan Pendaftaran



Pilih **bandar** pilihan anda daripada senarai untuk melihat klinik yang tersedia.



Lihat **senarai klinik** yang tersedia di bandar yang dipilih.



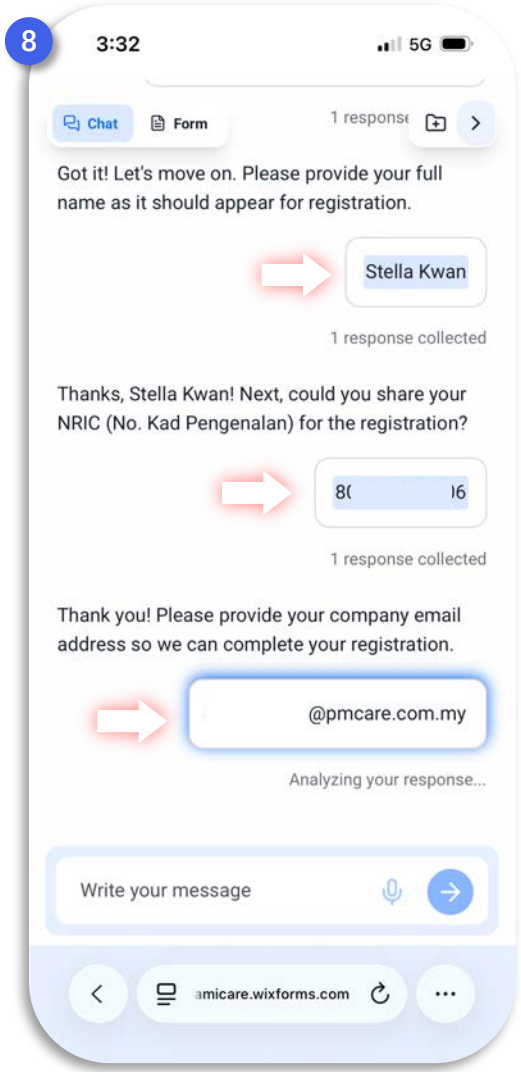
Ingin tukar bandar?
Taip "Tunjukkan semula senarai bandar" atau "Lihat senarai bandar."



Lihat senarai dan **pilih klinik** pilihan anda.

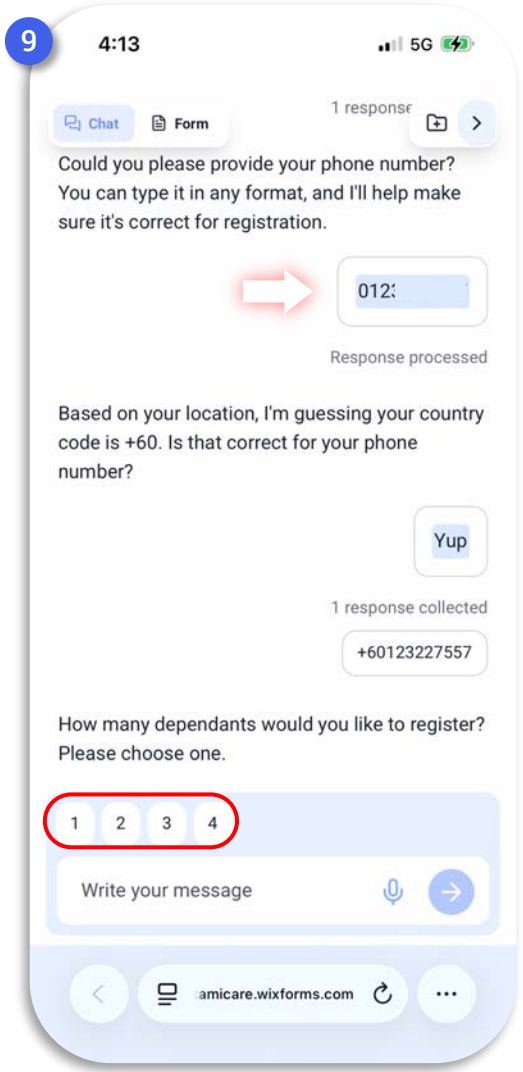
Panduan Pendaftaran

8



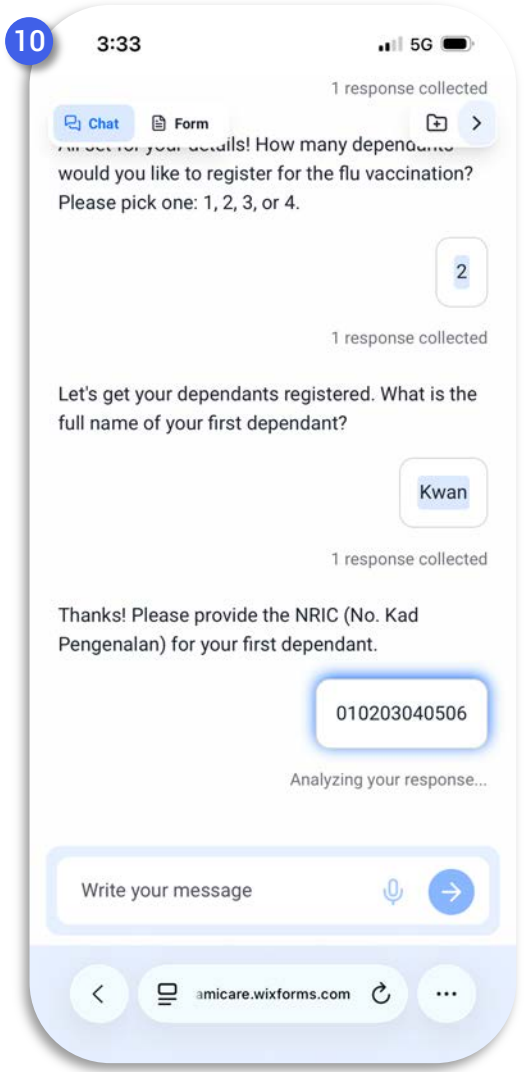
Masukkan **nama penuh**, **No. Kad Pengenalan (NRIC), e-mel syarikat dan nombor telefon anda.**

9



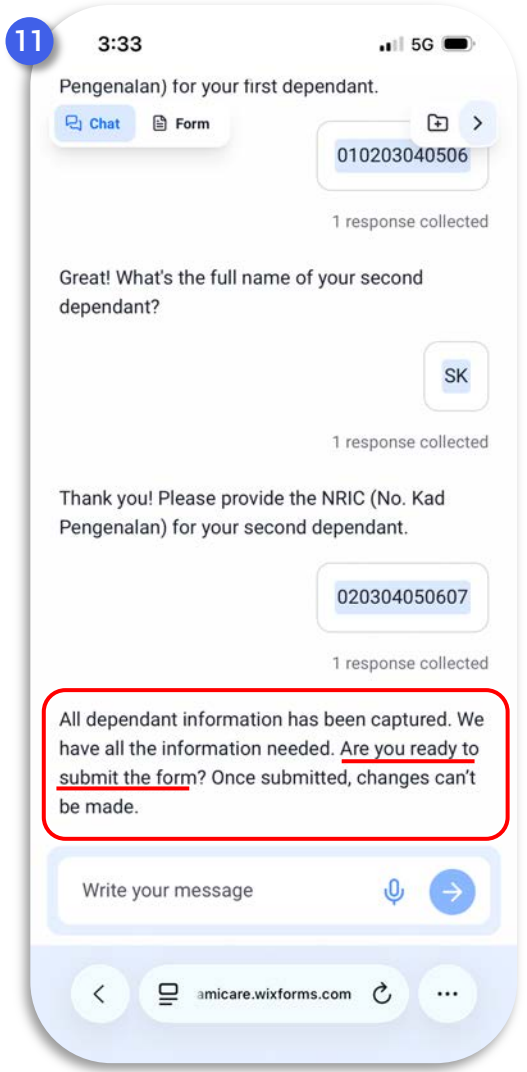
Jika anda ingin mendaftarkan **tanggungan**, pilih bilangan tanggungan yang ingin didaftarkan.

10



Masukkan **nama dan No. Kad Pengenalan (NRIC)** bagi setiap **tanggungan**.

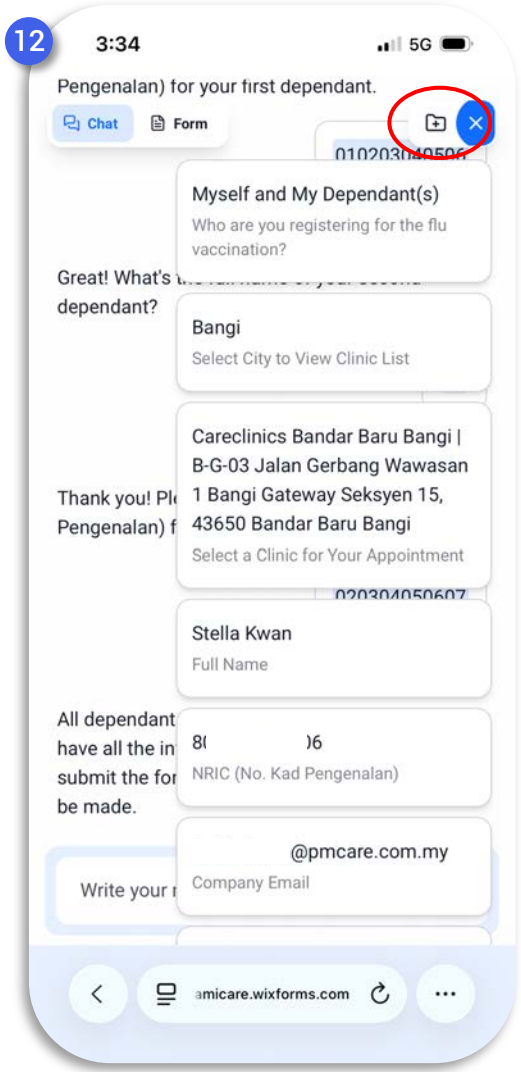
11



Setelah semua maklumat lengkap, balas "Ya" / "OK" / "Hantar" untuk **menghantar pendaftaran** anda

Panduan Pendaftaran

12



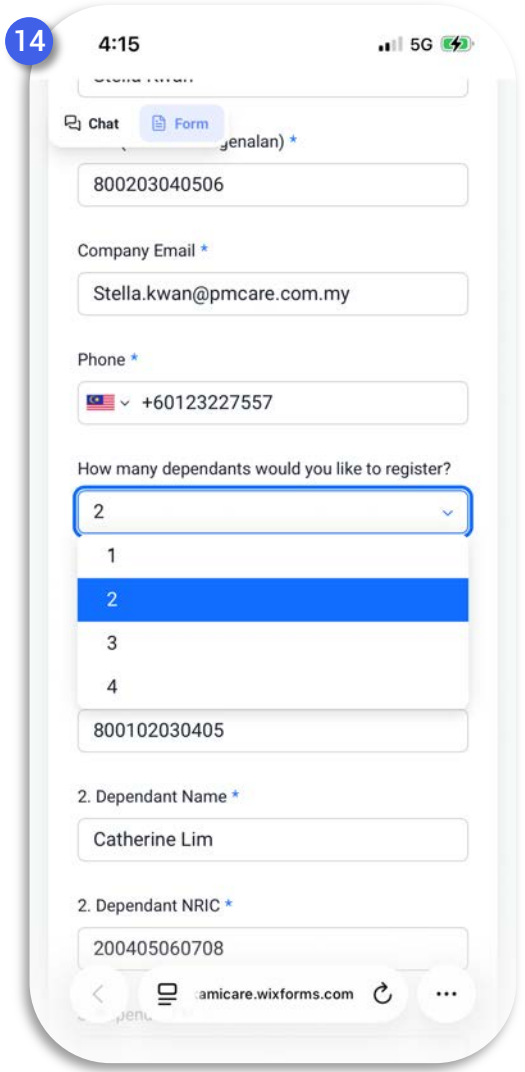
Tekan **Preview** untuk menyemak maklumat anda sebelum dihantar. Perlu buat perubahan? Kemaskini maklumat melalui Chat atau Form.

13



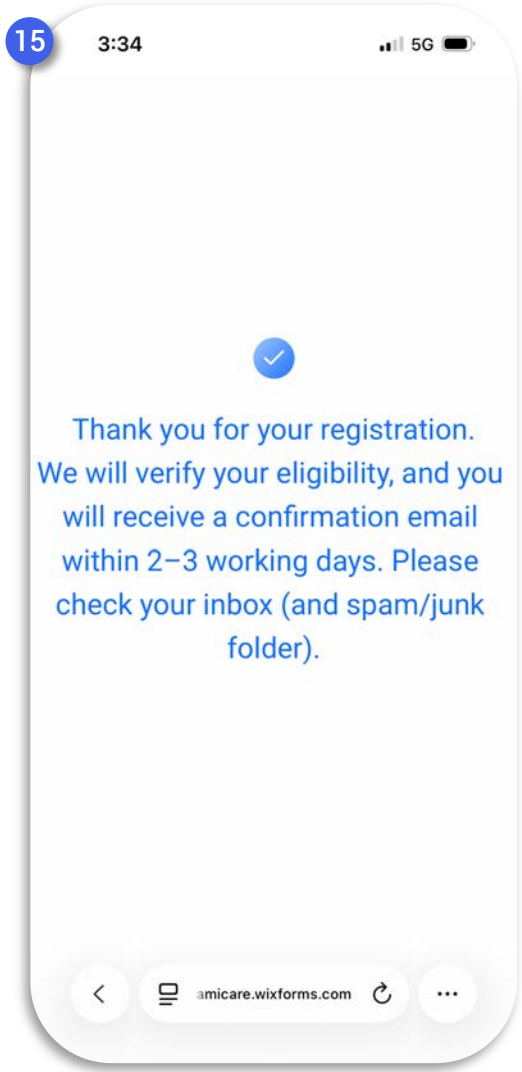
Sebagai alternatif, tekan "**Form**" untuk **menyemak** atau **mengubah** maklumat anda.

14



Lengkapkan atau kemaskini maklumat yang diperlukan, kemudian tekan **Submit**.

15



Pendaftaran berjaya dihantar.

Contoh E-mel Penerimaan Pendaftaran dan E-mel Pengesahan Kelayakan

E-mel Penerimaan Pendaftaran

PMCare Healthcare Solutions
To: Stella K
3:24 AM

Registration Received – Telekom Malaysia In-Clinic Flu Vaccination

Dear Stella Kwan,

Thank you for registering for the Telekom Malaysia In-Clinic Flu Vaccination.
We have successfully received your registration and will proceed with the eligibility verification. Please review your registration details below and ensure that all information provided is correct.

Registration Details:

- **Full Name:** Stella Kwan
- **NRIC/ Passport No.:** 0)6
- **Phone No. (WhatsApp):** +60123227557
- **Selected Clinic:** Qualitas Health Klinik Catterall, Khoo & Raja Malek - Plaza Central | Suite 3B-3-6, Level 3, Block 3B, Plaza Sentral 50470 Kuala Lumpur
- **Register For:** Myself (Employee)
- **Dependants (if any):**

If any of the above information is incorrect, please reply to this email so we can update your registration details accordingly.

Important: This email is an **acknowledgement of your** re not confirm your va
We and a separate con on email will be sent within 3 working days if your

E-mel Pengesahan Kelayakan

[TM] Your Flu Vaccination Registration is Confirmed – Next Steps Inside ☎ Contact Clinic



Dear Stella Kwan,

Thank you for registering for the TM Influenza Vaccination Programme.
We are pleased to confirm that your registration has been successfully verified and that the eligible recipient(s) listed below may proceed with vaccination at the selected clinic.
This email serves as your **official confirmation letter/ voucher**. Please present this confirmation email to the clinic for your vaccination appointment.

Please note: This email confirms your eligibility for vaccination only. It is NOT a confirmed clinic appointment.

1. Selected Clinic & Vaccination Period

Vaccination Date: **24 Sep - 31 Oct 2026** (Please contact clinic to book your appointment)
Selected Clinic:
Klinik Menara TM Annexe 2
Level 26, TM Annexe 2, No.1, Jalan Pantai Jaya Off Jalan Pantai Baharu, 59200 Kuala Lumpur
6 l6qvkVpRwheaDv
Appointment Booking Is Required

E-mel Pengesahan Kelayakan

[TM] Your Flu Vaccination Registration is Confirmed – Next Steps Inside ☎ Contact Clinic Inbox ×

PMCare Healthcare Solutions
to me
1:11 AM (4 minutes ago)



Dear Stella Kwan,

Thank you for registering for the TM Influenza Vaccination Programme.
We are pleased to confirm that your registration has been successfully verified and that the eligible recipient(s) listed below may proceed with vaccination at the selected clinic.
This email serves as your **official confirmation letter/voucher**. Please present this confirmation email to the clinic for your vaccination appointment.

Please note: This email confirms your eligibility for vaccination only. It is NOT a confirmed clinic appointment.

1. Selected Clinic & Vaccination Period

Vaccination Date: **24 Sep - 31 Oct 2026** (Please contact clinic to book your appointment)
Selected Clinic:
Klinik Menara TM Annexe 2
Level 26, TM Annexe 2, No.1, Jalan Pantai Jaya Off Jalan Pantai Baharu, 59200 Kuala Lumpur
60322414101
https://maps.app.goo.gl/H6qvkVpRwheaDvXM6